

Sean T. Bradley

1300 114th Ave SE, Suite 105
Bellevue, WA 98004
United States
(206) 960-9117
drbradley@me.com

EDUCATION:

University of Washington, Seattle, WA

Ph.D. Asian Languages and Literature, June 2022

- Dissertation topic: Ge Hong 葛洪 and the Making of an Emergency Medicine Formulary.

M.A. Chinese Literature, May 2015

- Annotated translation of the biography of Bian Que 扁鵲 in the *Shi ji* 史記.
- “The Journey of Myrrh from West to East in the Transfer of Medical Knowledge from Arabia into the Chinese *Materia Medica*.”

B.A. Chinese, May 2012

Bastyr University, Kenmore, WA

N.D. Doctor of Naturopathic Medicine, June 2008

M.S. Acupuncture and Oriental Medicine, December 2008

Colorado State University, Ft. Collins, CO

B.S. Botany, May 2002

Sichuan University, Chengdu, China

Visiting student for two summers for intensive study of Chinese language, Summer 2011 and 2012

Shanghai University of Traditional Chinese Medicine, Shanghai, China

Visiting student for intensive herbal, acupuncture, and *tuina* training, September, and December 2008

PROFESSIONAL EXPERIENCE:

Insight Natural Medicine, Bellevue, WA, May 2009 to present.

Owner/Founder – Naturopathic Physician, Acupuncture & Eastern Medicine Practitioner, Instructor

- Treats patients using acupuncture, moxibustion, cupping, *guasha*, herbal medicine, *tuina*, meditation, *qigong*, naturopathic therapies, hydrotherapy, and physical medicine.
- Works with numerous NFL players and various other professional athletes (CFL, UFL, WNBA, MLS) to optimize health and maintain peak performance.
- Assisted Seattle Seahawks players in their 2025 Super Bowl Season.
- Manages a full Chinese herbal dispensary, Western tincture, and supplement dispensary.
- Schedules and organizes classroom and seminar events for clinic and martial arts.
- Teaches regular classes in meditation, breathing, and martial arts.

Maya Whole Health Studio, Renton, WA, July 2014 to March 2018

Clinician – Naturopathic Physician, Acupuncture & Eastern Medicine Practitioner, Instructor

- Treats patients using acupuncture, moxibustion, cupping, *guasha*, herbal medicine, *tuina*, meditation, *qigong*, naturopathic therapies, hydrotherapy, and physical medicine.

World Sinmoo Hapkido Association, Trenton, NJ, October 1997 to October 2017 (unofficial to present)

Master Instructor

- Created and taught for the Colorado State Hapkido Club, Bastyr University Hapkido Club and Soto Cano Airbase Hapkido Club.
- Personal assistant to Sinmoo Hapkido founder, Ji Han-Jae since 2002.
- Assistant instructor for seminars in over 15 countries.
- Coordinated all aspects of seminars from travel, schedule, and finances.

- Head instructor for seminars in martial arts and meditation in Honduras, Germany, Belgium, Mauritania, Mexico, Canada, China, and USA.

Seattle Asian Medicine & Martial Arts, Seattle, WA, October 2013 to October 2016

Owner/Clinic Director – Naturopathic Physician, Acupuncture & Eastern Medicine Practitioner, Instructor

- Treated patients using acupuncture, moxibustion, cupping, *guasha*, herbal medicine, *tuina*, meditation, *qigong*, naturopathic therapies, hydrotherapy, and physical medicine.
- Managed a Chinese herbal and Western tincture dispensary.
- Scheduled and organized classroom and seminar events for clinic and martial arts.

Sinmoo Hapkido Legacy Group LLC, Half Moon Bay, CA, September 2008 to March 2012

Executive Board Member

- Founder and board member of international instructor group.
- Co-organized seminars in California, Nevada, Dallas, Seattle, and Pittsburg.
- Brought together instructors from around the globe to teach at the annual Global Hapkido Conference.

Bastyr University, Kenmore, WA, August 2003 to August 2009

Teaching Assistant – Naturopathic IV Therapeutics, Gross Human Anatomy, Pulmonology, Tuina

- Assisted in teaching the dissection portion of the Gross Anatomy course for Naturopathic Medicine students.
- Assisted in lab portion of IV Therapeutics and exam grading in Pulmonology.
- Gave tutorials on lab material to students in need of extra assistance.
- Assisted in demonstration and teaching of *Tuina* techniques and principles.

LICENSURE & CERTIFICATION:

Acupuncture & Eastern Medicine Practitioner

- Washington State Department of Health
- License Number: AC60083601

Naturopathic Physician

- Washington State Department of Health
- License Number: NT60071422

Diplomate of Oriental Medicine

- National Commission for the Certification of Acupuncture and Oriental Medicine
- Certification Number: 110098

RESEARCH & EDITORIAL EXPERIENCE:

Chinese Medicine and Culture, Shanghai, China, 2020 to 2024

Associate Editor and International Consultant

- Regularly reviews articles for publication.
- Assisted in the creation of publication standards and styles.
- Assists administration in expansion of international exposure.

Bastyr University Research Institute, Kenmore, WA, Aug 2012 to 2014

Research Scientist in Chinese Medicine Foundations

- Foundational research in translating early Chinese Medicine texts.
- Collaboration with the Institute for the Preservation of Medical Traditions at the Smithsonian Museum of Natural History, Botany Department.
- Exploring the significance of herbal references in early Chinese literature.
- Tracing trade and use of medicines between China and the West from antiquity.

Smithsonian National Museum of Natural History, Washington DC, 2013 and 2014
Institute for the Preservation of Medical Traditions Intern

- Foundational research in translating early Chinese Medicine texts.
- Development of herbal substance and textual database.

RECENT PRESENTATIONS:

- “Magnolia Species in Early Chinese Literature: Anxiety, Allegory, and Intoxicant,” Association for Asian Studies 2026 Annual Conference, Vancouver, B.C., Canada, March 2026.
- “Situating Chinese Medicine within Chinese Literature: A brief look at Ge Hong 葛洪 and the *Zhouhou beiji fang* 肘後備急方,” virtual presentation for the Language as Medicine: Translation and Transmission in Chinese medicine Symposium at Yo San University, Los Angeles, CA, December 2025.
- “From Deity to Digestive Aid: Acorus Species in Chinese Literature and Medicine,” History of Science Society Annual Meeting 2025, New Orleans, LA, November 2025.
- “Intoxicating Aromatics: Is there more to *lan* 蘭 in ancient Chinese literature and culture?” American Society for Premodern Asia, Western Branch Annual Meeting, University of Colorado, Boulder, October 2025.
- “Roots, Fruits, Seeds, and Resins: The Formulas and Drugs that Traveled the Silk Road,” School of Humanities, Nanyang Technological University, Singapore, March 2025.
- “The Mystery of *zhuyu* 茱萸, Who?” American Oriental Society, Western Branch, Annual Meeting, Arizona State University, November 2024.
- “The Concept and Correspondences of Flavor in Ancient Medical Systems,” 49th Congress of the International Society for the History of Medicine, Salerno, Italy, October 2024.
- “*Lan* 蘭 and *Hui* 蕙: Re-examining fragrance and function in the *Chuci* 楚辭,” Association for Asian Studies Annual Conference, Seattle, Washington, March 2024.
- “Calamus: Transcending fragrance in the *Chuci* 楚辭,” American Oriental Society, Western Branch, Annual Meeting, Portland State University, October 2023.
- “Qu Yuan’s Garden: Beyond Sovereigns and Virtues,” Symposium on Chinese Poetry and Philology, Arizona State University, Tempe, Arizona, May 2023.
- “Traveling Formulas: Foreign Drugs in Chinese Medicine,” Nexus of Knowledge: Science, Medicine, and Technology on the Silk Roads, University of California at Berkeley, April 2023.
- “Challenges to Identifying Ancient Substances in Chinese *Materia Medica*,” virtual presentation for the History of Science Society Annual Meeting, New Orleans, November 2021.
- “Sinology in Seattle: The History of Sinology at the University of Washington and its Influence on the Study of Traditional Chinese Medicine,” virtual presentation for the 10th Workshop of Chinese Medicine and Culture Shanghai, China, May 2021.
- “Elite Applications: Combining Naturopathic and Chinese Medicine in Professional Sports,” virtual presentation for the 8th World Integrative Medicine Congress WIMCO 2020, Wuhan, China, December 2020.
- “Middle Eastern Medicine in the Middle Kingdom: Myrrh in the *Bencao gangmu* 本草綱目,” WOCMAP IV, Famagusta, N. Cyprus, November 2019.
- “识别本草传统文化中的古代草药: Identifying Ancient Substances in the *Bencao* Tradition,” The 7th Academic Workshop on Chinese Medicine and Culture: Research on Medical, Social, and Cultural History in Jiangnan Regions, Shanghai, China, September, 2019.
- “葛洪的備急方,” 第十八届“海科会”国际生物医药与中医药青年论坛, Chengdu, China, September 2019.
- “The Emergency Prescriptions of Ge Hong,” 关于召开中华中医药学会学术流派传承分会第二次学术年会的通知, Chengdu, China, September 2019.
- “An American’s Journey in Chinese Medicine,” Shuguang Hospital, Shanghai, China, July 2019.
- “The Making of a Chinese Medicine Text: Emergency Prescriptions to Keep on Hand,” Huntington Library, San Marino, CA, April 2019.
- “India and China and the Exchange of Medical Knowledge in Antiquity,” History of Science Society Annual Meeting 2018, Seattle, WA, December 2018.
- “Unraveling Linguistic Puzzles in the Exchange of Silk Road Medicines,” International Conference on the Discoveries of Chinese Medicine, Shanghai University of Traditional Chinese Medicine, November 2018.
- “Deconstructing an Ancient Formulary: Drugs and Techniques of Ge Hong 葛洪 in the *Zhou hou beiji fang* 肘後備急方,” Rediscovering Medical Antiquity in China, University of Chicago Beijing Center, June 2018.
- “Islam and Chinese Medicine,” UW visiting lecturer, Seattle, WA, January 2018.

- “The Silk Road and Chinese Medicine: Sources of Expansion,” *Medicine and the Silk Road Academic Forum & 2nd Workshop of Chinese Medical Culture*, Shanghai University of Traditional Chinese Medicine, November 2017.
- “The Early Exchange of Medicine along the Silk Road,” 9th Meeting of the International Society for the History of Medicine, Beijing, China, September 2017.
- “The Textual History of the *Zhou hou beiji fang* 肘後備急方: Emergency Prescriptions to Keep at Hand,” 9th Meeting of the International Society for the History of Medicine, Beijing, China, September 2017.
- “Myrrh in Mediterranean and Chinese Traditions: A Comparative Study,” with Dr. Alain Touwaide, 9th Meeting of the International Society for the History of Medicine, Beijing, China, September 2017.
- “Myrrh in Chinese Medicine: The Legacy of the Silk Road,” Huntington Botanical Gardens Lunch Presentation, San Marino, CA., February 2017.
- “Challenges of Translation from Classical Chinese into Modern English in Chinese Medical Texts,” Shanghai University of Traditional Chinese Medicine Guest Lecturer, September 2016.
- “*Zhou hou beiji fang* 肘後備急方: Emergency Prescriptions to Keep at Hand,” Yen Fu Translation Award Presentation, University of Washington, June 2015.
- “Ge Hong 葛洪: Herbs of Life and Death,” University of Washington course presentation, June 2015.
- “Myrrh and the Medical Knowledge Transferred Along the Silk Road,” Asian Languages and Literature Graduate Student Colloquium, April 2015.
- “Myrrh and Ancient Medical Knowledge in Chinese Medical Texts,” Bastyr University lecture, Kenmore, WA., February 2015.
- “沒藥 Myrrh: Medical Knowledge along the Silk Road from Arabia into the Chinese *Materia Medica*,” 44th Congress of the International Society for the History of Medicine, Tbilisi, Georgia, August 2014.

RECENT PUBLICATIONS:

Published:

- “Allegories or actual experience: Reexamining herb identification in the *Chuci* through archaeobotanical, medical, and Daoist sources to show entheogenic potential,” in *Philological Investigations: Studies in Early and Medieval China, Sinica Leidensia*, Volume 175 (2026): 113-132.
- “The Concept and Correspondences of Flavor in Ancient Medical Systems,” in *Tome 1: Manuscripts, Codices, Texts, Science and Medicine*, edited by Steven M. Oberhelman, De Gruyter (2025): 471-496.
- “Travelling Formulas: Myrobalans in Medicine Along the Silk Road,” *Inner Asia*, Volume 26.2 (2024): 257-278.
- “Sinology in Seattle: The History of Sinology at the University of Washington and its Influence on the Study of Chinese Medicine,” *Chinese Medicine and Culture*, Volume 4.3 (2021): 176-180.
- “The Silk Road and Chinese Medicine Expansion: Part 4 – Miscellaneous Texts,” *Chinese Medicine and Culture*, Volume 2.3 (2019): 129-131.
- “The Silk Road and Chinese Medicine Expansion: Part 3 – Histories,” *Chinese Medicine and Culture*, Volume 2.1 (2019): 29-31.
- “The Silk Road and Chinese Medicine Expansion: Part 2 – Formularies,” *Chinese Medicine and Culture*, Volume 1.2. (2018): 68-70.
- “The Silk Road and Chinese Medicine Expansion: Part 1 – *Materia Medica*,” *Chinese Medicine and Culture*, Volume 1.1 (2018): 29-31.
- “Myrrh’s legacy in China: Carrying Medicine along the Silk Road,” *Medicina nei Secoli*, Volume 30.3 (2018): 881-906.
- “The Silk Road and Chinese Medicine: Sources of Expansion,” published proceedings of the *Medicine and the Silk Road Academic Forum & 2nd Workshop of Chinese Medical Culture*, Shanghai University of Traditional Chinese Medicine, November 2017.
- “沒藥 Myrrh: Medical Knowledge along the Silk Road from Arabia into the Chinese *Materia Medica*,” published proceedings of the 44th Congress of the International Society for the History of Medicine, Tbilisi, Georgia, August 2014.
- “The Pineal Gland’s Biochemical Function in Fighting and Meditative Arts: Exemplified in Korean Sinmoo Hapkido,” *Journal of Asian Martial Arts*, Volume 19.2 (2010): 22-33.
- “Cultivating the Elixir Field with Sinmoo Hapkido’s Danjun Breathing,” *Journal of Asian Martial Arts*, Volume 15.3 (2006): 76-89.

AWARDS & RECOGNITION:

- Turrell V. Wylie Memorial Scholarship, Asian Languages and Literature, University of Washington, June 2022.
- Yen Fu Translation Award, Preface to the *Zhouhou beiji fang* 肘後備急方 (*Emergency Formulas to Keep on Hand*) attributed to Ge Hong 葛洪, 3rd Prize, University of Washington, June 2021.
- Outstanding Contribution Award for Research on Traditional Chinese Medicine from the Perspective of Sinology, The 10th Workshop of Chinese Medicine and Culture, Shanghai, China, April 2021.
- Yen Fu Translation Award, *Bencao Gangmu* 本草綱目 – Volume 34 第三十四, Entry 23 – Myrrh 沒藥, 3rd Prize, University of Washington, June 2019.
- Award for Excellent Paper, “The Early Exchange of Medicine along the Silk Road,” 9th Meeting of the International Society for the History of Medicine, Beijing, China, September 2017.
- Silk Road Foundation Award, Simpson Center for the Humanities, 2017.
- Asian Languages & Literature Graduate Student Spotlight, University of Washington, September 2014.
- Golden Fleece Award for Best Presentation, 44th Congress of the International Society for the History of Medicine, Tbilisi, Georgia, August 2014.
- Yen Fu Translation Award, Challenges in translating the *Zhou hou beiji fang* 肘後備急方 by Ge Hong 葛洪, University of Washington, December 2014.
- Foreign Language Area Studies (Chinese), University of Washington, academic year 2014.
- Foreign Language Area Studies (Chinese), University of Washington, academic year 2013.
- Foreign Language Area Studies (Korean), University of Washington, summer 2013.
- Foreign Language Area Studies (Chinese), University of Washington, summer 2012.
- Confucian Institute (Chinese Language), University of Washington, summer 2011.
- Bastyr University Founder’s Award, June 2004.

RELEVANT FIELDWORK:

- Insight Community Acupuncture Clinic – Lake City Community Center – 2016 to 2020
- Zhong Yi Fu Yuan 中醫附院, Chengdu – Tui Na Intern under Zhou Zhibin 周志彬 – 2012
- Tong Ren Tang 同仁堂, Chengdu – Chinese Herbal Medicine Intern under Jin Zhao 金釗 – 2012
- Long Hua Hospital 龍華醫院 Pain Clinic, Shanghai – Acupuncture Intern – 2011
- De Ren Tang 德仁堂, Chengdu – Chinese Herbal Medicine Intern under Jin Zhao 金釗 – 2011
- Tong Ren Tang 同仁堂, Chengdu – Chinese Herbal Medicine Intern under Jin Zhao 金釗 – 2011
- Shuguang Hospital 曙光醫院, Shanghai, China – Student Chinese Herbal Medicine Intern - 2008
- Yue Yang Hospital of Integrated Traditional Chinese and Western Medicine 岳陽中西醫結合醫院, Shanghai, China – Student Acupuncture and Tui Na Intern - 2008
- Bastyr Center for Natural Health – Naturopathic Medicine Student Clinician – 2003-2008
- Bastyr Center for Natural Health – Acupuncture and Oriental Medicine Student Clinician – 2005-08
- Immune Wellness Clinic for HIV/AIDS Patients at BCNH– Naturopathic and Acupuncture Intern – 2007
- One Sky Natural Medicine Clinic – Student Naturopathic and Acupuncture Intern – 2007

PROFESSIONAL AFFILIATIONS:

American Botanical Council
 History of Science Society
 America Society for Premodern Asia (formerly the American Oriental Society)
 Association for Asian Studies
 International Association for the Study of Traditional Asian Medicine

LANGUAGE EXPERIENCE:

Modern Standard Mandarin
 Classical Chinese
 Sanskrit (Intermediate)
 Korean (Basic)
 Spanish (Basic)